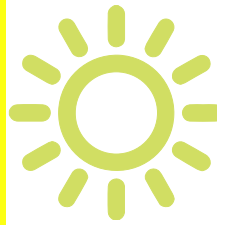


# Summer Food Lunch Menu JULY 2020



Menus are subject to change

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

**6**  
Milk 1%  
Turkey Sliced  
Cheese Sliced  
Croissant  
Carrots  
100% Fresh Fruit Juice

**7**  
Chocolate Milk Skim  
Roast Beef Sliced  
Cheese Sliced  
WG Wheat Bread  
Bell Peppers  
Seasonal Fresh Fruit

**8**  
Milk 1%  
WG Flatbread  
Cheese Shredded  
Pizza Sauce  
100% Fresh Fruit Juice  
Carrots

**9**  
Chocolate Milk Skim  
Fruit Yogurt  
WG Tortilla  
Cheese Shredded  
Spinach, Tomato,  
Cucumber  
Seasonal Fresh Fruit

**10**  
Milk 1%  
Chicken Sliced  
Cheese Sliced  
Whole Wheat Bun  
Tomato, Cucumber  
Seasonal Fresh Fruit

**13**  
Chocolate Milk Skim  
WG Tortilla Chips  
Chicken Cubes  
Cheese Shredded  
Salsa  
Cherry Tomatoes

**14**  
Milk 1%  
WG Tortilla  
Turkey Sliced  
Cheese Shredded  
Carrots  
Seasonal Fresh Fruit

**15**  
Chocolate Milk Skim  
Turkey Cubed  
Cheese Cubed  
Celery Sticks  
Grapes  
WG Breadstick

**16**  
Milk 1%  
Chicken Nuggets  
Corbread  
Peaches  
Seasonal Fresh Fruit

**17**  
Chocolate Milk Skim  
Potato Bun  
Smoked Turkey Sliced  
Cheese Sliced  
Carrots  
Seasonal Fresh Fruit

**20**  
Milk 1%  
Fruit Yogurt  
Sunflower Seeds  
WG Rice Chex  
Carrots  
Seasonal Fresh Fruit

**21**  
Chocolate Milk Skim  
WG Pretzels  
Wow Butter  
Celery  
Raisins  
Seasonal Fresh Fruit

**22**  
Milk 1%  
Turkey Sliced  
Cheese Sliced  
Croissant  
Carrots  
100% Fresh Fruit Juice

**23**  
Chocolate Milk Skim  
Roast Beef Sliced  
Cheese Sliced  
WG Wheat Bread  
Bell Peppers  
Seasonal Fresh Fruit

**24**  
Milk 1%  
WG Flatbread  
Cheese Shredded  
Pizza Sauce  
100% Fresh Fruit Juice  
Carrots

**27**  
Chocolate Milk Skim  
Fruit Yogurt  
WG Tortilla  
Cheese Shredded  
Spinach, Tomato,  
Cucumber  
Seasonal Fresh Fruit

**28**  
Milk 1%  
Chicken Sliced  
Cheese Sliced  
Whole Wheat Bun  
Tomato, Cucumber  
Seasonal Fresh Fruit

**29**  
Chocolate Milk Skim  
WG Tortilla Chips  
Chicken Cubes  
Cheese Shredded  
Salsa  
Cherry Tomatoes

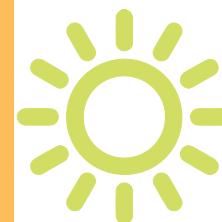
**30**  
Milk 1%  
WG Tortilla  
Turkey Sliced  
Cheese Shredded  
Carrots  
Seasonal Fresh Fruit

**31**  
Chocolate Milk Skim  
Turkey Cubed  
Cheese Cubed  
Celery Sticks  
Grapes  
WG Breadstick





# Summer Food Lunch Menu AUGUST 2020



Menus are subject to change

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

**3**  
Milk 1%  
Chicken Nuggets  
Corbread  
Peaches  
Seasonal Fresh Fruit

**4**  
Chocolate Milk Skim  
Potato Bun  
Smoked Turkey Sliced  
Cheese Sliced  
Carrots  
Seasonal Fresh Fruit

**5**  
Milk 1%  
Fruit Yogurt  
Sunflower Seeds  
WG Rice Chex  
Carrots  
Seasonal Fresh Fruit

**6**  
Chocolate Milk Skim  
WG Pretzels  
Wow Butter  
Celery  
Raisins  
Seasonal Fresh Fruit

**7**  
Milk 1%  
Turkey Sliced  
Cheese Sliced  
Croissant  
Carrots  
100% Fresh Fruit Juice

**10**  
Chocolate Milk Skim  
Roast Beef Sliced  
Cheese Sliced  
WG Wheat Bread  
Bell Peppers  
Seasonal Fresh Fruit

**11**  
Milk 1%  
WG Flatbread  
Cheese Shredded  
Pizza Sauce  
100% Fresh Fruit Juice  
Carrots

**12**  
Chocolate Milk Skim  
Fruit Yogurt  
WG Tortilla  
Cheese Shredded  
Spinach, Tomato,  
Cucumber  
Seasonal Fresh Fruit

**13**  
Milk 1%  
Chicken Sliced  
Cheese Sliced  
Whole Wheat Bun  
Tomato, Cucumber  
Seasonal Fresh Fruit

**14**  
Chocolate Milk Skim  
WG Tortilla Chips  
Chicken Cubes  
Cheese Shredded  
Salsa  
Cherry Tomatoes

**17**  
Milk 1%  
WG Tortilla  
Turkey Sliced  
Cheese Shredded  
Carrots  
Seasonal Fresh Fruit

**18**  
Chocolate Milk Skim  
Turkey Cubed  
Cheese Cubed  
Celery Sticks  
Grapes  
WG Breadstick

**19**  
Milk 1%  
Chicken Nuggets  
Corbread  
Peaches  
Seasonal Fresh Fruit

**20**  
Chocolate Milk Skim  
Potato Bun  
Smoked Turkey Sliced  
Cheese Sliced  
Carrots  
Seasonal Fresh Fruit

**21**  
Milk 1%  
Fruit Yogurt  
Sunflower Seeds  
WG Rice Chex  
Carrots  
Seasonal Fresh Fruit

**24**  
Chocolate Milk Skim  
WG Pretzels  
Wow Butter  
Celery  
Raisins  
Seasonal Fresh Fruit

**25**  
Milk 1%  
Turkey Sliced  
Cheese Sliced  
Croissant  
Carrots  
100% Fresh Fruit Juice

**26**  
Chocolate Milk Skim  
Roast Beef Sliced  
Cheese Sliced  
WG Wheat Bread  
Bell Peppers  
Seasonal Fresh Fruit

**27**  
Milk 1%  
WG Flatbread  
Cheese Shredded  
Pizza Sauce  
100% Fresh Fruit Juice  
Carrots

**28**  
Chocolate Milk Skim  
Fruit Yogurt  
WG Tortilla  
Cheese Shredded  
Spinach, Tomato,  
Cucumber  
Seasonal Fresh Fruit

